

Ashleigh Primary School and Nursery, Wymondham

"We are all stars, Ashleigh makes us shine"

Physical Education (PE) Policy

Persons Responsible - PE Co-ordinator

Date of Policy: January 2016

Next Review Due: January 2019

Adopted by Full Governing Body

Signed

Date

Chair of Governors

Review completed

Review completed

Review completed

Physical Education Policy

Policy Statement

At Ashleigh Primary School and Nursery we believe that Physical Education (PE), experienced in a safe and supportive environment, is a unique and vital contributor to pupils' physical development and well-being.

Aims

We aim for children to:

- Develop a positive attitude towards, and enjoy, PE in order to achieve their true potential
- Acquire, develop and apply skills, performing with increasing physical competence in a range of activities
- Become skilful, confident and intelligent performers and players
- Learn to assess themselves and others positively in order to improve skills
- Think and respond imaginatively and work creatively
- Develop the appropriate vocabulary and use this to communicate thoughts and ideas confidently about their own and others' work
- Make cross-curricular links
- Understand the importance of working safely and being dressed appropriately
- Make informed decisions about the importance of exercise in their lives
- Develop an awareness of physical disabilities

Guidelines

To achieve these aims teachers will:

- Ensure progression in knowledge, skills and understanding
- Plan as a year group, following the school's agreed long term and medium term plans
- Ensure that a minimum of 2 hours each week is devoted to the teaching of PE
- Value and celebrate children's in and out of school PE achievements
- Model new skills, teach techniques and provide opportunities that allow children to explore movement
- Provide opportunities for children to work independently, collaboratively and competitively
- Provide activities appropriate to the needs of all children
- Give children the opportunity to talk about their work and the work of others, encouraging them to use the correct technical vocabulary where appropriate

- Use the inside and outside environment as appropriate
- Plan assessment opportunities
- Ensure children are taught to follow safe procedures when setting up, using and putting equipment away.
- Ensure that children change into appropriate clothing for PE and remove or cover (with tape) all jewellery
- Ensure that children are barefooted for dance and gymnastics, and wear plimsolls or trainers for other PE lessons
- Ensure adults change and dress appropriately for PE - lead Teacher to change into PE kit and change back. Support staff to wear appropriate clothing to support children safely.
- All adults to remove jewellery and watches.
- Staff to use CPD opportunities to develop their knowledge and skills for teaching PE.

Foundation Stage

Foundation Stage children follow the Development Matters and Early Learning Goal Statements related to Physical Development including the outdoor environment.

Non Participants

All children are expected to participate in PE lessons and will only be excused for medical reasons (indicated by the parent/carer or staff member). When children are unable to participate, teachers involve them in lessons in other appropriate roles.

Extra-Curricular

At Ashleigh we aim to extend and enrich the curriculum for the benefit of children through after school clubs and special events.

Safe Practice

Children are supervised at all times in lessons by a teacher: teaching assistants are not insured to supervise PE lessons. Students are supervised at all times in lessons by a Class Teacher.

Equal Opportunities

At Ashleigh we are committed to ensuring all children have opportunities to develop a positive attitude towards and enjoy PE in order to achieve their true potential