

What clothing will my child need?

Long sleeved top and trousers are recommended in all weathers to protect from scratches and stings.

Light layers for cooler weather.

Waterproof clothing is provided by school.

Sturdy footwear that covers the toes e.g. walking boots or wellies.

Sun hat for warm weather and woolly hat for warmer weather.

Sun cream and insect repellent must be applied before school by parent or carer or by the child.



How can I help my child get the most from Forest School?

Forest School is a lot of fun and we all get mud on our coats, grass stains on our knees and leaves stuck in our hair, but we are washable!

Forest school happens in all weathers except in unsafe conditions such as high winds.

In Forest School we encourage children to "meet the risk" in a safe manner, every child is given the opportunity to try something new with close support, allowing

Who will be there?

Forest School creates a unique environment which is inclusive and safe and is run by a qualified Level 3 Forest School Leader who is trained in outdoor first aid and is experienced with working with children of various ages.

All adults supporting sessions are DBS checked.

Please contact
Jessica Roberts

Forest School

*"The Forest is my classroom,
the Earth is my school"*





“Forest School is an inspirational process of frequent and regular sessions in a woodland or natural environment to support the development of the relationship between the learner and the natural world”

Forest School Association,
2011

Where did Forest School come from?

The original “Forest Kindergartens” were created in Denmark.

The Forest School model was introduced in the UK in 1995 and since then it has spread around the country.

What are the benefits?

The Forest School Approach supports all areas of a child's development.

- Supports physical development and stamina.
- Builds self-esteem, confidence and independence.
- Develops problem solving skills and risk awareness.
- Helps to build positive relationships.
- Promotes good mental health and wellbeing.
- Supports children in communicating and collaborating with others.



What will the children be doing?

- Den building using tarpaulins and ropes.
- Discovering and exploring flora and fauna.
- Tree climbing.
- Craft activities using natural resources.
- Using tools such as loppers, secateurs, bowsaws and palm drills.
- Experiencing campfires.
- Exploring our Forest School area within the set boundaries.
- Games and activities that support social and emotional development.
- Jumping in muddy puddles and creating mud masterpieces.

