

Progression in Basketball at Ashleigh (taught as PE fundamentals in KS1)

Year 1	Year 2	Year 3
<p>Year 4</p> <ul style="list-style-type: none"> I can dribble, pass, receive and shoot the ball with increasing control. I understand the rules of the game and I can use them often and honestly. I can help my team keep possession and score goals when I play in attack. I can delay and help prevent the other team from scoring when I play in defence. I can use simple tactics to help my team score or gain possession. I can explain what happens in my body when I warm up. I can identify when I was successful and what I need to do to improve. <p>Key Vocabulary Interception, protective, opponent, defend, attack, travelling,</p> <p>Key Skills Throwing and catching, Dribbling, Intercepting, Changing direction and speed, Shooting, Planning strategies and using tactics</p>	<p>Year 5</p> <ul style="list-style-type: none"> I can dribble, pass, receive and shoot the ball with some control under pressure. I understand the rules of the game and I can apply them honestly most of the time. I understand there are different skills for different situations and I am beginning to use them in collaboration with others. I can move into space to help my team. I know what position I am playing in and how to contribute when attacking and defending. I can often make the correct decision of who to pass to and when. I recognise my own and others strengths and areas for development and can suggest ways to improve. I can lead a partner through short warm-up routines. <p>Key Vocabulary Interception, protective, opponent, defend, attack, travelling, crossover</p> <p>Key Skills Dribbling, Intercepting, Changing direction and speed, Shooting, Planning strategies and using tactics, lay up, free throw, jump shot, bounce pass, chest pass</p>	<p>Year 6</p> <ul style="list-style-type: none"> I can lead a small group through a short warm-up routine. I can work collaboratively to create tactics with my team and evaluate the effectiveness of these. I can dribble, pass, receive and shoot the ball with increasing control under pressure. I can use the rules of the game honestly and consistently. I can create and use space to help my team. I can work in collaboration with others so that games run smoothly. I can mark and intercept when playing defence. I can select the appropriate action for the situation and make this decision quickly. <p>Key Vocabulary Interception, protective, opponent, defend, attack, travelling, crossover</p> <p>Key Skills Dribbling, Intercepting, Changing direction and speed, Shooting, Planning strategies and using tactics, lay up, free throw, jump shot, bounce pass, chest pass</p>
<p>YEAR 1</p> <ul style="list-style-type: none"> I can run at different speeds. I can change direction. I show balance and control when hopping and jumping. I demonstrate rhythm when skipping. I can select my own actions in response to a task. I can work co-operatively with others to complete tasks. I can recognise changes in my body when I do exercise. <p>Key Vocabulary Dodging, sprinting, balancing, momentum, forwards, backwards,</p> <p>Key Skills Balancing, Sprinting, Running, Dodging, Jogging, Hopping, Skipping</p>	<p>YEAR 2</p> <ul style="list-style-type: none"> I show balance and co-ordination when running at different speeds. I can show balance when changing direction. I can show hopping, skipping and jumping movements with some balance and control. I can describe how my body feels during exercise. <p>Key Vocabulary Dodging, sprinting, balancing, momentum, agility, determination, stability, flexibility</p> <p>Key Skills Balancing, Sprinting, Running, Dodging, Jogging, Hopping, Skipping, finding a space, receiving, passing</p>	<p>YEAR 3</p> <ul style="list-style-type: none"> I can dribble, pass, receive and shoot the ball with some control. I am learning the rules of the game and am beginning to use them honestly. I can move with a ball towards goal with increasing control. I understand my role as an attacker and as a defender. I can communicate with my team and move into space to help my team. I can defend an opponent. I understand why it is important to warm up. I can identify when I was successful. <p>Key Vocabulary Interception, protective, opponent, defend, attack, travelling,</p> <p>Key Skills Throwing and catching, Dribbling, Intercepting, Changing direction and speed, Shooting, Planning strategies and using tactics</p>