

## Progression in Football/Ball Skills at Ashleigh

Year 1	Year 2	Year 3	Year 4
<p><b>YEAR 1</b></p> <ul style="list-style-type: none"> <li>• I can throw with some accuracy towards a target.</li> <li>• I can track a ball that is coming towards me.</li> <li>• I persevere when dribbling a ball with my hands and feet.</li> <li>• I am beginning to catch with two hands.</li> <li>• I co-operate with a partner and small group, helping each other to complete tasks.</li> <li>• I show honesty and fair play.</li> <li>• I can recognise changes in my body when I do exercise.</li> <li>• I am beginning to understand simple tactics.</li> </ul>	<p><b>YEAR 2</b></p> <ul style="list-style-type: none"> <li>• I can roll a ball to hit a target.</li> <li>• I can track a ball and collect it.</li> <li>• I can dribble a ball with my hands and feet with some control.</li> <li>• I can send and receive a ball using both kicking and throwing and catching skills.</li> <li>• I communicate with others to complete tasks and ensure that everyone in my group is included.</li> <li>• I use the rules of games and show fair play.</li> <li>• I can describe how my body feels during exercise.</li> <li>• I am beginning to understand and use simple tactics.</li> </ul>	<p><b>YEAR 3</b></p> <ul style="list-style-type: none"> <li>• I can dribble, pass, receive and shoot the ball with some control.</li> <li>• I am learning the rules of the game and I am beginning to use them to play honestly and fairly.</li> <li>• I can move with a ball towards goal with increasing control.</li> <li>• I understand my role as an attacker and as a defender.</li> <li>• I can move into space to help my team.</li> <li>• I persevere when learning a new skill.</li> <li>• I understand why it is important to warm up.</li> <li>• I work cooperatively with my group to self-manage games.</li> </ul>	<p><b>YEAR 4</b></p> <ul style="list-style-type: none"> <li>• I can dribble, pass, receive and shoot the ball with increasing control.</li> <li>• I understand the rules of the game and I can use them often to play honestly and fairly.</li> <li>• I can help my team keep possession and score goals when I play in attack.</li> <li>• I can delay and help prevent the other team from scoring when I play in defence.</li> <li>• I can use simple tactics to help my team score or gain possession.</li> <li>• I can explain what happens in my body when I warm up.</li> <li>• I can identify when I was successful and what I need to do to improve.</li> <li>• I show determination to perform at my best.</li> </ul>
<p><u><b>Key Vocabulary</b></u> target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track</p>	<p><u><b>Key Skills</b></u> Rolling, Kicking, Throwing, Catching, Bouncing, Dribbling, Co-operation, Communication, Leadership, Honesty, Perseverance, Using tactics,</p>	<p><u><b>Key Vocabulary</b></u> Interception, opponent, defend, attack, tracking, possession</p>	<p><u><b>Key Skills</b></u> Dribbling, Passing, Ball control Tracking, Turning, Communication, Collaboration, Cooperation, Selecting and applying tactics, Decision making</p>
<p><b>YEAR 5</b></p> <ul style="list-style-type: none"> <li>• I can dribble, pass, receive and shoot the ball with some control under pressure.</li> <li>• I understand the rules of the game and I can use them most of the time to play honestly and fairly.</li> <li>• I understand there are different skills for different situations and I am beginning to use this.</li> <li>• I can make decisions about where to move to help my team.</li> <li>• I know what position I am playing in and how to contribute when attacking and defending.</li> <li>• I recognise my own and others strengths and areas for development and can suggest ways to improve.</li> <li>• I can lead a partner through short warm-up routines.</li> </ul>	<p><b>YEAR 6</b></p> <ul style="list-style-type: none"> <li>• I can dribble, pass, receive and shoot the ball with increasing control under pressure.</li> <li>• I can select the appropriate action for the situation.</li> <li>• I can use the rules of the game consistently to play honestly and fairly.</li> <li>• I can create and use a variety of tactics to help my team.</li> <li>• I can create and use space to help my team.</li> <li>• I can lead a small group through a short warm-up routine.</li> <li>• I can identify my own and others' strengths and areas for development and can suggest ways to improve.</li> <li>• I can use marking, tackling and/or interception to improve my defence.</li> </ul>	<p><b>YEAR 6</b></p> <ul style="list-style-type: none"> <li>• I can dribble, pass, receive and shoot the ball with increasing control under pressure.</li> <li>• I can select the appropriate action for the situation.</li> <li>• I can use the rules of the game consistently to play honestly and fairly.</li> <li>• I can create and use a variety of tactics to help my team.</li> <li>• I can create and use space to help my team.</li> <li>• I can lead a small group through a short warm-up routine.</li> <li>• I can identify my own and others' strengths and areas for development and can suggest ways to improve.</li> <li>• I can use marking, tackling and/or interception to improve my defence.</li> </ul>	<p><b>YEAR 6</b></p> <ul style="list-style-type: none"> <li>• I can dribble, pass, receive and shoot the ball with increasing control under pressure.</li> <li>• I can select the appropriate action for the situation.</li> <li>• I can use the rules of the game consistently to play honestly and fairly.</li> <li>• I can create and use a variety of tactics to help my team.</li> <li>• I can create and use space to help my team.</li> <li>• I can lead a small group through a short warm-up routine.</li> <li>• I can identify my own and others' strengths and areas for development and can suggest ways to improve.</li> <li>• I can use marking, tackling and/or interception to improve my defence.</li> </ul>
<p><u><b>Key Vocabulary</b></u> Interception, opponent, defend, attack, tracking, possession</p>	<p><u><b>Key Skills</b></u> Dribbling, Passing, Ball control Tracking, Turning, Communication, Collaboration, Cooperation, Selecting and applying tactics, Decision making</p>	<p><u><b>Key Vocabulary</b></u> Interception, opponent, press, defend, attack, tracking, hold, possession, maintain</p>	<p><u><b>Key Skills</b></u> Dribbling, Passing, Ball control, Tracking, Turning, Respect, Communication, Collaboration, Cooperation, Selecting and applying tactics, Decision making, Goalkeeping, set pieces, throw ins.</p>
<p><u><b>Key Vocabulary</b></u> Interception, opponent, defend, attack, tracking, possession</p>	<p><u><b>Key Skills</b></u> Dribbling, Passing, Ball control Tracking, Turning, Communication, Collaboration, Cooperation, Selecting and applying tactics, Decision making</p>	<p><u><b>Key Vocabulary</b></u> Interception, opponent, press, defend, attack, tracking, hold, possession, maintain</p>	<p><u><b>Key Skills</b></u> Dribbling, Passing, Ball control, Tracking, Turning, Respect, Communication, Collaboration, Cooperation, Selecting and applying tactics, Decision making, Goalkeeping, set pieces, throw ins.</p>