

Ashleigh Primary School and Nursery

Newsletter Date

4th September 2020

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Contact Us

Mrs Greenacre &
Miss Lacey
Acting
Headteachers
office@ashleigh.
norfolk.sch.uk
01953 602410

Message from the Chair of Governors

Firstly, I hope everyone enjoyed a happy and healthy summer holiday!

I also hope that everyone is looking forward to coming back to, or starting, school on Monday. The school have put in place robust plans to deal with the transition back into school for all children and these plans will be continually reviewed in light of the ever-evolving guidance that is published. Please be assured that central to these plans is the unwavering commitment of all staff to provide a safe, secure, and happy place to educate the children and provide a safe place to work for staff.

You may remember that the original Headteacher interviews were cancelled at the beginning of lockdown, these have now been rearranged to Thursday 24th and Friday 25th September, and we will of course let you know the outcome as soon as it is confirmed.

We are looking forward to welcoming everyone on Monday 7th September.

Sam Greenhalgh
Chair of Governors

School Lunches - Important Changes

- We are no longer be using Wisepay for lunch payments.
- School Money will be operational from September and parents/carers will receive information on using the system to pay for school lunches (and trips etc.) as soon as possible.
- We are planning a two week handover period where we can accept cash and cheque payments as we trial the new system.
- The menu has been adapted to cope with the logistical lunch arrangements planned for the first half term.
- Can ALL CHILDREN please pre-order school meals via School Money. You will receive a separate text/email access link.
- Children who receive Free School Meals, and Reception, Years 1 and 2 will be able to order online, payment will not be required.
- Reception, Year 1, and Year 2 will be able to order in school but we ask that you pre-book where possible.
- Years 3, 4, 5, and 6 all need to pre-order as previously, but using School Money. (Nursery will be using School Money from 21st September).
- Please note that you will also be able to order meals the day before (unlike Wisepay which required the week's bookings to be completed by midnight on Sunday).



Welcome Back

A very warm welcome back everyone and a special welcome to all new staff, children, and parents. We hope you all had a wonderful summer break and are feeling rested and ready for the new term. We are really looking forward to working with you all again!

Mrs Greenacre and Miss Lacey
Acting Headteachers

Back to School - Government Advice

- Parents/carers are encouraged to visit [gov.uk/backtoschool](https://www.gov.uk/backtoschool) for information and practical guidance to help them plan for their children's return to school. This includes the latest update to the **guidance for parents and carers on what they need to know about early years providers, schools and colleges in the autumn term.**
 - Updated guidance on the **protective measures for holiday and after-school clubs and other out-of-school settings for children during the coronavirus (COVID-19) outbreak** sets out the protective measures that are required from the start of the autumn term. This includes group sizes, and how providers can minimise the risk of children mixing outside of their school groups.
 - We will continue to incorporate the latest government guidance into our daily procedures.
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Coronavirus Symptoms

The main symptoms of coronavirus are:

- a high temperature;
- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours;
- a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal.
- <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

Children should not come to school with any of the above symptoms. If a child has one or more of the main coronavirus symptoms described above, only they should be tested. There is no need for their households to have a test unless they are also symptomatic.

Children may feel unwell for example with a sore throat, stomach upset or a headache. These pupils don't need to book a test but may need to stay off school and seek medical advice through their GP or pharmacist as usual.

Emergency Contact Details

- Please make sure you call or email the office with any new contact numbers or email addresses as soon as possible.
- If they change at any time in the future **please remember to update us**, it is obviously crucial that we can contact parents/carers in case of emergency.



Wellies/Outdoor Shoes

As we enter the Autumn term, it is important children have a pair of outdoor wellies or outdoor shoes that they can change in to for playtime and lunch to ensure all areas of our outdoor space can be used.

PE Kits

Children will need to come into school wearing their PE kit on days that they have PE - they will not be given the opportunity to change during the school day, nor will spare kit be provided. Teachers will ensure class timetables are shared so you are aware of when PE lessons have been planned into the school week.

School Library Books

- Can all children bring their library books back to school in September.
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Community Arts Project

- The whole school will be taking part in a community arts project where we will use creativity to reflect on our feelings throughout the last 6 months.
- Our first theme is: "We are all in the same storm, but we are not all in the same boats".
- We will use this picture to think about how our experiences have been different depending on our circumstances.



- Some people are in huge yachts and others are in tiny rowing boats with just one oar. As a family you might discuss:
 - What has our experience of this time been?
 - How was our experience the same or different to others?
 - What might our feelings look like if they were a boat?
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Information Section

Returning to School

Classes from September 2020

Current Class	Class from September	Teacher	Teaching Assistant
	Dragonfly Butterfly	Mrs Sprake & Mrs Roberts	Ms Bruce Mrs Cowdry Mrs Gray Miss Scott



			Mrs Sharp
	Squirrel	Mrs Miller & Mr Garlinge	Mrs Anderson
	Hedgehog	Mrs Ellero	Mrs McPherson
Hedgehogs	Bat	Mr Zilch	Mrs Lambert
Squirrels	Barn Owl	Miss Eyre	Mrs Moore
Barn Owls	Fox	Miss Pender	Mrs Robinson
Bats	Deer	Mr Walker	Mrs Page
Fox	Birch	Mrs Landis	Mrs Bullen Mrs Barrett Mrs Harvey
Deer	Hazel	Mr Wheeler	Miss O'Donovan
Birch	Maple	Mrs Saadvandi & Mrs Mann	Mrs English Mr Scott
Hazel	Elm	Mr Gately	
Elm	Willow	Miss Webb & Mr Brain	Mrs Chalcraft Mrs Starling Mrs Stratton
Maple	Mulberry	Miss Morecz	
Chestnut	Ash	Miss Stephens	Mrs Feeney
Mulberry	Sycamore	Mr Finch & Mr Brain	Mrs Chubbock
Willow	Sallow	Mr Saunders	Mrs Clark Mrs Laws

Social Story

A social story is a simple description of a situation, written from a child's perspective. The goal of a social story is to share accurate social information in a patient and reassuring manner that is easily understood. You may find this link useful to share with your child/ren: <https://www.elsa-support.co.uk/wp-content/uploads/2020/03/Social-contact-story.pdf>

NCC Video

We are pleased to include a link to an animated video from Norfolk County Council that both parents and children might find helpful regarding returning to school. It is only 96 seconds long.

<https://youtu.be/VLK3YjzS-rY>

Free School Meals - How to Apply

- **Free School Meals** are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:
 - Universal Credit (provided the family has an annual net earned income of no more than £7,400, as assessed by earnings from up to 3 of the most recent assessment periods);
 - Income Support;



- Income-based Jobseeker's Allowance;
- Income-related Employment and Support Allowance;
- Support under Part VI of the Immigration and Asylum Act 1999;
- The guarantee element of Pension Credit;
- Child Tax Credit (providing the family is not entitled to Working Tax Credit and have an annual gross income of no more than £16,190);
- Working Tax Credit run on – paid for four weeks after a claimant stops qualifying for Working Tax Credit.
- Norfolk County Council are offering an online Free School Meals application service. Parents/carers can create an account at the below web address, to carry out a check on your entitlement:
<https://fiso.norfolk.gov.uk/synergy/Enquiries/Citizen/FreeSchoolMeals.aspx>
- The information will be sent direct to the Free School Meal Application Team at Norfolk County Council. The school would then be notified of changes to the eligibility of children attending Ashleigh.

Safeguarding & Online Safety

At a time when children are likely to be spending increased time online for learning and keeping in touch with friends, you may find these useful:

- The county-wide safeguarding campaign – **See Something, Hear Something, Say Something**.
- Neighbours, extended family, those working to provide essential services and volunteers are encouraged to look out for the county's children, as the coronavirus lockdown continues.
- The campaign, backed by the Norfolk Safeguarding Children Partnership, is calling on communities to help keep Norfolk's children safe. It is asking for everyone that might still be seeing or hearing children to look out for them. The message is See Something, Hear Something, Say Something.
- Signs to look out for may include:
 - aggressive or repeated shouting
 - hearing hitting or things being broken
 - children crying for long periods of time
 - very young children left alone or outdoors by themselves.
- If something doesn't seem right and if you feel a child or young person may need help you can contact the council on 0344 800 80 20.
- In an emergency call 999.

Online Safety Poster for Parents/Carers: -

<https://www.norfolkscb.org/wp-content/uploads/2020/05/3OnlineSafetyPosterParents.pdf>

Online Safety Poster for Children: -

<https://www.norfolkscb.org/wp-content/uploads/2020/05/3OnlineSafetyPosterChildren.pdf>

Digital Five a Day: - Easy to follow, practical steps for children and parents to achieve a healthy and balanced digital diet

<https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/>

Net Aware - <https://www.net-aware.org.uk/>

provides guidance around all the popular apps and games, including age and risk ratings.

Thinkuknow - <https://www.thinkuknow.co.uk/>



provides information on staying safe online as well as a range of educational resources that can be utilised for home learning. Think U Know have created videos to support parents during Covid-19 and the closure of schools to many children. You can find the videos here: <https://www.thinkuknow.co.uk/parents/Support-tools/presentations-for-parents/>

<https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online>

<https://www.gov.uk/guidance/covid-19-staying-safe-online>

Updated Keeping Children Safe in Education (KCSiE)

In advance of the release of the updated Keeping Children Safe in Education which comes into force on 1st September 2020 (until then KCSiE 2019 remains), the government has produced a useful webpage including lots of useful information about all the ways in which we can keep children safe including online safety and mental health.

You can find the information here:

<https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-from-abuse-and-harm/advice-to-parents-and-carers-on-keeping-children-safe-from-abuse-and-harm>

Mental Health & Information Resources

- Use this website to find out how to access mental health advice and support for 0 -25's in Norfolk. You don't need a referral; you can get in touch straight away for advice. <https://justonenorfolk.nhs.uk/mentalhealth>
- MindEd educational resources for adults about children and young people's mental health, which is relevant for teachers, other professionals working with children, volunteers, parents and carers. <https://www.minded.org.uk/>
- The Every Mind Matters platform, from Public Health England, about looking after your mental health. <https://www.nhs.uk/oneyou/every-mind-matters/>
- Childline has created a new webpage with information for children and young people about Coronavirus. The page includes information about: what Coronavirus is; where children and young people can find help if they are worried; coping if they are staying at home; and what to do if they are feeling unwell. <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>
- Newsround have information on their website about Coronavirus <https://www.bbc.co.uk/newsround/51896156>
- www.sheffieldchildrens.nhs.uk - Self Care Kit booklet to work through for children - from Sheffield NHS
- www.unicef.org/coronavirus - How to Talk To Your Child about coronavirus disease
- www.childrenscommissioner.gov.uk - see Children's guide to Coronavirus
- www.nosycrow.com - online digital book 'Coronavirus' for primary aged children- by Alex Scheffler
- www.relate.org.uk - good advice on relationship difficulties, managing anxiety, bereavement





- www.childhoodbereavementnetwork.org.uk – supporting bereaved children and young people
- www.mindedforfamilies.org.uk – free learning resources about mental health for children and young people

