

Investigation Stations

Mirrors and self-portrait
drawing and creating

Family photos

Talking about our families

Maps and photos of
Wymondham

Healthy eating
investigation and sorting

Using our senses

This term and into the next term, we will be learning about ourselves. We will be getting to know each other and we will be talking and learning lots about ourselves, our families, our school and our world (local community and the wider world).

We will be exploring what we look like and learning that everyone is different and unique.

We will be learning about our local community and talking about our school.

We will be learning about our bodies, what they do and how we can look after them.

Autumn 1: Me and My Family, Me and My School, Me and My World

Question to Ask

What do you look like?

Who is in your family?

Where do you live?

What is your home like?

What is your school like?

Where do you like to visit?

Can you name your five
senses?

Wow Words

Different, unique, colours and
describing words to talk about
hair, eyes and skin.

House, bungalow, flat,
townhouse, caravan, barn,
Wymondham, community.

My body, heart, muscles, healthy
eating, exercise, senses.

Facts and Knowledge

We all look different and we are all unique. We have different coloured hair and eyes, we are different shapes and sizes, we have different personalities, we have different interests, likes and dislikes, and we have different families.

We live in different houses in the same community. There are lots of different people living in our community and we have different shops, schools and houses.

It is important for us to look after our body. You can look after your body by eating healthy food, exercising and brushing your teeth at least twice every day. We have five senses that help us to explore and understand the world.

They are sight, hearing, smell, taste and touch.



Stories and Songs

Only one you

I'm special, I'm me!

Head, shoulders, knees and
toes