

Embedding British Values through PATHS

Alice Ndiaye
10/11/14

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2	PATHS Curriculum Overview	Feelings introduced	Year Three	
3	Reception / Year One	Year Two	Unit 1: Establishing a Positive Classroom/Enhancing Self-Esteem	
4	Unit 1 Fostering Positive Classroom	Unit 1 Establishing a Positive Classroom Environ	Lesson 1 Classroom Rules: Mr Jones' Class	Year Four
5	Lesson 1 Circle Rules	Lesson 1 Formulating Classroom Rules	Lesson 2 PATHS Pupil of the Day (Complimenting)	Unit 1: Getting Started and Introduction
6	Lesson 2 PATHS Animals:	Lesson 2 PATHS Readiness Lesson	Unit 2: Basic Emotions	Lesson 1: Formulating Classroom Rules
7	Lesson 3 PATHS pupil of the day	Lesson 3 PATHS Pupil of the Day – Complimenting	Lesson 3 Introduction to Feelings – Happy, Sad and Private	Lesson 2: PATHS Pupil of the Day
8	Lesson 4 Compliments 1	Unit 2 Introduction to Feelings	Lesson 4 Fine, Excited and Tired	Lesson 3: Co-operative Learning Skills
9	Unit 2 Basic feelings 1	Lesson 4 Introduction to Feelings	Lesson 5 Scared/Afraid and Safe	Lesson 4: The Golden Rule
10	Lesson 5 We all have feelings	Lesson 5 Happy, Sad, Private	Lesson 6 Cross/Angry I	Lesson 5: Listening To Others
11	Lesson 6 Happy	Lesson 6 Activities on Happy and Sad	Lesson 7 Cross/ Angry II - Recognising Angry	Unit 2: Feelings and Relationships
12	Lesson 7 Sad	Lesson 7 Fine, Excited, Tired	Lesson 8 Calm, Relaxed and Worried	Lesson 6: Introduction to Feelings
13	Lesson 8 Twiddle makes friends	Lesson 8 Activities on Excited and Tired and A Review All Feelings	Lesson 9 PATHS Review Lesson I	Lesson 7: Recognising and Controlling Anger
14	Lesson 9 Compliments 2	Unit 3 Feelings and Behaviours	Unit 3: Improving Self-Control, Self-Awareness and Anger Management	Lesson 8: Control Signals Poster 1
15	Unit 3 Basic Feelings 2	Lesson 9 Scared or Afraid, Safe	Lesson 10 Self-Control I: Steps For Calming Down	Lesson 9: Control Signals Poster 2
16	Lesson 10 Angry 1	Lesson 10 Activities on Scared or Afraid and Safe	Lesson 11 Self-Control II: Learning Self-Control	Lesson 10: PATHS Feelings Dictionary
17	Lesson 11 Scared or Afraid	Lesson 11 Cross or Angry	Lesson 12 Control Signals Poster I: Anger Management	Lesson 11: Feelings Intensity
18	Lesson 12 My feelings	Lesson 12 PATHS Review Lesson	Lesson 13 Control Signals II: Using the Control Signals Poster	Lesson 12: My Own Feelings Story
19	Lesson 13 Angry 2	Unit 4 Self Control and Anger Management	Unit 4: Using Our Thinking Skills	Lesson 13: Playing By the Rules
20	Unit 4 Self Control	Lesson 13 Self-Control I (Anger Management)	Lesson 14 Cross/Angry III (Baxter and His Temper)	Lesson 14: Solving an Important Problem
21	Lesson 14 Twiddle learns to do turtle 1	Lesson 14 Self-Control II (Anger Management)	Lesson 15 Making Good Choices	Lesson 15: Avoiding Gossip
22	Lesson 15 Twiddle learns to do Turtle 2	Lesson 15 Self-Control III	Lesson 16 Problem-Solving Meeting I	Lesson 16: We Are All Unique
23	Lesson 16 Turtle Technique review	Lesson 16 Calm or Relaxed and Relaxation Practice	Lesson 17 Problem-Solving Meeting II: School Transitions	Lesson 17: Best Friends Story - Part 1
24	Lesson 17 Appropriate Turtles 1	Unit 5 Anger Management and Problem-Solving	Unit 5: Friendship, Getting along With Others 1	Lesson 18: Best Friends Story - Part 2
25	Lesson 18 Appropriate Turtles 2	Lesson 17 Control Signals Poster (Anger Management)	Lesson 18: Listening to Others	Lesson 19: Best Friends Story - Part 3
26	Lesson 19 Calm or Relaxed	Lesson 18 Problem Discussion – Angry Arthur	Lesson 19: Fair Play Rules	Lesson 20: Best Friends Story - Part 4: Making Up
27	Unit 5 Sharing, Caring and Friendship	Lesson 19 Problem-Solving Meeting	Lesson 20: Introduction to Manners: Why Are They Important?	Unit 3: Making Good Decisions
28	Lesson 20 Sharing and Caring 1	Lesson 20 Surprised, Expect	Lesson 21: Shy and Lonely	Lesson 21: Making Good Decisions 1- Deressa's Choice
29	Lesson 21 Sharing and Caring 2	Lesson 21 Problem Discussion On Surprised	Lesson 22: Making Friends (Baxter Makes a New Friend)	Lesson 22: Making Good Decisions 2 -Refusal Skills
30	Lesson 22 Twiddle Special Day	Lesson 22 Problem-Solving/ Privacy and Telling Your Feelings	Lesson 23: Frustrated	Lesson 23: Making Good Decisions 3 -Loni's Challenge
31	Lesson 23 Advanced Compliments	Unit 6 Friendship and Feeling Lonely	Lesson 24: Being a Good Winner/Loser	Lesson 24: Making Good Decisions 4 -Thinking Ahead
32	Lesson 24 Feelings Review	Lesson 23 What Is A Good Friend?	Lesson 25: Problem-Solving Meeting III – Friendship/Playtime	Lesson 25: Making Good Decisions 5 - Alfie Learns a Lesson
33	Unit 6 Basic Problem Solving	Lesson 24 Lonely	Unit 6: Feelings In Relationships 1	Unit 4: Being Responsible and Caring for Others
34	Lesson 25 Making Choices	Lesson 25 Making Friends	Lesson 26: Jealous and Content/Satisfied	Lesson 26: Being Responsible
35	Lesson 26 Solving Problems	Lesson 26 Shy	Lesson 27: Like/Love and Dislike/Hate and Tolerance	Lesson 27: Being Responsible and Creating Change
36	Lesson 27 Solving problems with Friends	Lesson 27 Story/Activity on Shy and Problem-Solving Activity	Lesson 28: Different Points Of View	Lesson 28: Social Responsibility – A Class Project
37	Unit 7 Intermediate Feelings	Lesson 28 Embarrassed	Lesson 29: Guilty	Unit 5: Problem-Solving
38	Lesson 28 Comfortable and Uncomfortable	Lesson 29 PATHS Review Lesson	Lesson 30: Proud and Ashamed	Lesson 29: Problem 1 – Identifying Problem
39	Lesson 29 Different Types of Feelings	Unit 7 Manners and Listening to Others	Lesson 31: Feelings Review 2: Guessing Game	Lesson 30: Problem 2 – Smart Vs Confused
40	Lesson 30 Excited	Lesson 30 By Accident, On Purpose	Unit 7: Getting along With Others 2	Lesson 31: Problem 3 – Different Points Of View
41	Lesson 31 Tired	Lesson 31 Manners 1	Lesson 32: Keeping a Friend (Baxter's Challenge)	Lesson 32: Problem 1.4 – Why Things Happen
42	Lesson 32 Frustrated	Lesson 32 Manners 2	Lesson 33: Making Up With Friends	Lesson 33: Goals – Identifying Individual Goals
43	Lesson 33 Proud	Lesson 33 Manners 3	Lesson 34: Greedy/Selfish and Generous	Lesson 34: Setting Positive Goals
44	Unit 8 Advanced Feelings	Lesson 34 Manners 4	Unit 8: Feelings and Expectations	Lesson 35: Reaching His Goal
45	Lesson 34 Love	Lesson 35 Fair Play Rules	Lesson 35: Surprised, Delighted and Disgusted	Lesson 36: Reaching Our Goals – Homework
46	Lesson 35 Worried	Lesson 36 Listening To Others	Lesson 36: By Accident, On Purpose	Lesson 37: Generating Solutions 1
47	Lesson 36 Disappointed	Lesson 37 Sharing	Lesson 37: Disappointed and Hopeful	Lesson 38: Generating Solutions 2
48	Lesson 37 Jealous	Unit 8 Feelings / Emotions / Behaviours	Lesson 38: Fair/Not Fair	Lesson 39: Thinking Takes Time
49	Lesson 38 Furious	Lesson 38 Decision Wheel	Lesson 39: Curious/Interested, Bored, Confused and Confident	Lesson 40: Coping With Difficult Problems
50	Lesson 39 Guilt	Lesson 39 Curious, Interested, and Bored	Lesson 40: Trying Harder/Overcoming Obstacles	Lesson 41: PATHS Reactions and Review
51	Lesson 40 Generous	Lesson 40 Proud, Ashamed	Unit 10: Feelings In Relationships 2	Lesson 42: Planning a PATHS Party
52	Unit 9 Wrap Up	Lesson 41 Story/Activity on Proud	Lesson 41: Malicious and Kind	
53	Lesson 41 PATHS review	Lesson 42 Frustrated	Lesson 42: Rejected and Included	Democracy
54	Lesson 42 Saying Goodbye	Lesson 43 Hopeful, Disappointed	Lesson 43: Teasing	Rule of law
55	Lesson 43 Ending and transitioning	Lesson 44 Story/Activity on Hopeful	Lesson 44: Problem Solving Meeting IV: Bullying	Individual liberty
56	Lesson 44 PATHS Party	Lesson 45 Problem Discussion on Frustrated or Disappointed	Unit 11: Endings and Transitions	Mutual respect
				Tolerance

British Values; democracy, rule of law, individual liberty, mutual respect, tolerance of those of different faith and beliefs

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3	Year Five	Year Six	Year Six
4	Unit 1: Getting Started and Introduction	Unit 1: Getting back into PATHS	
5	Lesson 1: Formulating Classroom Rules	Lesson 1: PATHS review/PATHS Pupil of the Day- Complimenting	
6	Lesson 2: PATHS Review/PATHS Pupil of the Day (Complimenting)	Lesson 2: All About Us	
7	Lesson 3: Co-operative Learning Skills	Lesson 3: Reviewing the Problem-Solving Chart	
8	Lesson 4: The Golden Rule	Lesson 4: Learning a Way to Calm Down	
9	Lesson 5: Introduction to Feelings – Feelings Poster	Lesson 5: More ways to Calm Down and Handle Stress	
10	Lesson 6: Recognising and Controlling Anger – 3 Steps for Calming Down Po	Lesson 6: Making Good Decisions	
11	Lesson 7: Feelings Dictionary	Lesson 7: Getting Help from Others	
12	Lesson 8: My Own Feelings Story	Unit 2 Study and Organisational Skills	
13	Unit 2: Problem Solving	Lesson 8: Study Skills- Part 1	
14	Lesson 9: Treasure Hunt: Problem-Solving Review	Lesson 9: Study Skills- part 2 – H.E.Y	
15	Lesson 10: Making Good Decisions - My Choice	Lesson 10: Good Listening Skills	
16	Lesson 11 Identifying Problems - Feelings, Goals and Solutions	Lesson 11: Story – 'Triple T'	
17	Lesson 12: Consequences: What Might Happen Next?	Lesson 12: S.E.T	
18	Lesson 13: Making a Good Plan	Lesson 13: Study Skills- Being Organised	
19	Lesson 14: Trying Your Plan and Evaluating What Happens	Lesson 14: Planning Ahead- A Biography and Class Project	
20	Lesson 15: Trying Again: Obstacles	Unit 3: Conflict Resolution	
21	Lesson 16: Solving Problems – Dear Problem Solvers	Lesson 15: What is Conflict?	
22	Unit 3: Goals And Identity	Lesson 16: Conflict on the Court	
23	Lesson 17: Setting Goals and Reaching Your Goal - Biography	Lesson 17: Conflict Resolution	
24	Lesson 18: Setting a Goal: A Class Project To Improve the School	Lesson 18: Resolving Conflict	
25	Lesson 19: Setting a Goal and Making a Plan	Lesson 19: Stating the Problem	
26	Lesson 20: Overcoming Obstacles - Biography of Jim Abbott	Unit 4A Novel - Number the Stars Respect	Or
27	Unit 4: Making and Keeping Friends	Lesson 21: Number the Stars	Unit 4B - Respect
28	Lesson 21: Making New Friends	Lesson 22: Number the Stars	Lesson 21 What is respect?
29	Lesson 22: Joining In With Others	Lesson 23 Number the Stars	Lesson 22 Respect in the Community
30	Lesson 23: The Eagles and the Championship Cup Final: Part 1	Lesson 24 Number the Stars	Lesson 23 Respecting musical differences in the world
31	Lesson 24: The Eagles and the Championship Cup Final: Part 2	Lesson 25 Number the Stars/Problem solving steps	Lesson 24 Respecting food differences in the world
32	Lesson 25: The Eagles and the Championship Cup Final: Part 3	Lesson 26 Our Presentation 1	Lesson 25 Respecting differences - clothes
33	Lesson 26: Dealing With Teasing	Lesson 27 Our Presentation 2	Lesson 26 Our Presentation 1
34	Lesson 27: Self-Concept - Our Feelings and Friendships	Unit 5 Endings and Transitioning	Lesson 27 Our Presentation 2
35	Lesson 28: Managing Our Feelings	Lesson 28 Looking Back, Looking Forward	
36	Lesson 29: Forgiving and Resentful	Lesson 29: Wall of Worries – Building a Foundation	
37	Unit 5: Being Responsible and and Caring for Others	Lesson 30: PATHS Reactions and Review	
38	Lesson 30: Dealing With Gossip	Lesson 31: Planning a PATHS Party	
39	Lesson 31: Rejected and Excluded		
40	Lesson 32: Stereotypes and Discrimination	Schools can demonstrate embedding British Values by:	
41	Lesson 33: Being Responsible and Creating Change - Biography	*Have an ethos which includes the British Values	
42	Lesson 34: Caring For Others - Dr Martin Luther King Jr Speech	*Delivering the PATHS curriculum with fidelity	
43	Lesson 35: Authority I	*Having Healthy School status; active school council	
44	Lesson 36: Authority II	*Have a well planned RE curriculum	Democracy
45	Lesson 37: Commemorating Others: The Titanic	*Teach about and celebrate major faith festivals	Rule of law
46	Lesson 38: Honouring Others: Biography of Ray Davey	*Visiting sites which appreciate British history and culture	Individual liberty
47	Lesson 39: Being Responsible: A Class Project	*Training staff to promote diversity and challenge prejudice	Mutual respect
48	Lesson 40: PATHS Reactions and Review	*Resources are used in schools which show the diversity of British family life	Tolerance
49	Lesson 41: Planning a PATHS Party		
50	Appendix A		
51	Lesson 1: Optional Lesson 1: Control Signals Poster 1		
52	Lesson 2: Optional Lesson 2: Control Signals Poster 2		
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