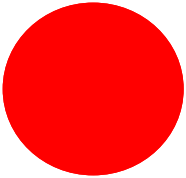
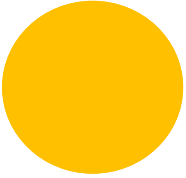
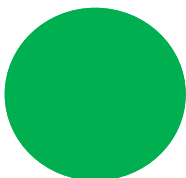
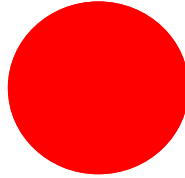
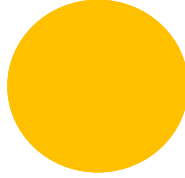
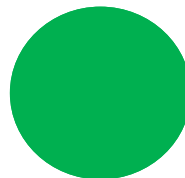
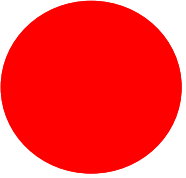
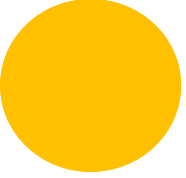
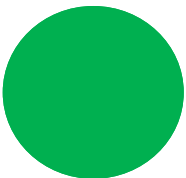
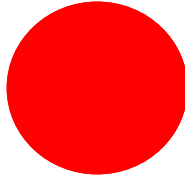
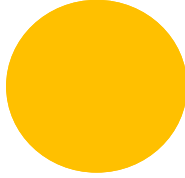
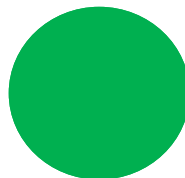
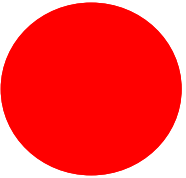
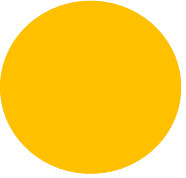
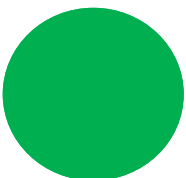


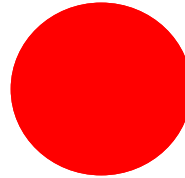
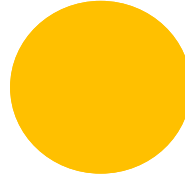
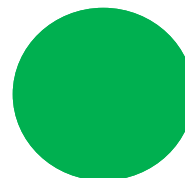
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|  | Stop Take a long deep breath Say the problem and how you feel. |
|  | Make a plan Think—What could you do? Think—Would it work? |
|  | Go! Try your plan Evaluate How did it work? |

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