

Progression in Dance at Ashleigh

Year 1	Year 2	Year 3	
<p>YEAR 1</p> <ul style="list-style-type: none"> • I can use different parts of the body in isolation and together. • I show some sense of dynamic and expressive qualities in my dance. • I choose appropriate movements for different dance ideas. • I can copy, remember and repeat actions using counts. • I can move confidently and safely. • I recognise changes in my body when I do exercise. • I can provide feedback to others. • I can work with others to share ideas and select actions. 	<p>YEAR 2</p> <ul style="list-style-type: none"> • I can perform body actions with control and coordination. • I can sometimes use counts to stay in time with music. • I can choose movements with different dynamic qualities to express an idea, mood or feeling. • I can remember and repeat dance phrases. • I can work with a partner using mirroring and unison. • I can describe how my body feels during exercise. 	<p>YEAR 3</p> <ul style="list-style-type: none"> • I can create dance phrases that communicate ideas. • I can create dance phrases with a partner and in a small group using canon and unison. • I can repeat, remember and perform these phrases in a dance. • I can use dynamic and expressive qualities in relation to an idea. • I can use counts to keep in time with a group and the music. • I can recognise and talk about the movements used and the expressive qualities of dance. • I understand why it is important to warm up. 	
<p style="text-align: center;"><u>Key Vocabulary</u></p> <p>Swaying, floating, gust, swirling, galloping</p>	<p style="text-align: center;"><u>Key Skills</u></p> <p>Travel, Copying and performing actions, Co-operation, Communication, Counting, Observing and providing feedback, Selecting and applying actions</p>	<p style="text-align: center;"><u>Key Vocabulary</u></p> <p>stimulus, dynamics, formations, canon, unison, shape, relationships</p>	<p style="text-align: center;"><u>Key Skills</u></p> <p>Canon, Unison, Formation, Phrase, Motif, Stimulus, Dynamics, Pathways, Direction</p>
Year 4	Year 5	Year 6	
<p>YEAR 4</p> <ul style="list-style-type: none"> • I can respond imaginatively to a range of stimuli related to character and narrative. • I can use simple motifs and movement patterns to structure dance phrases on my own, with a partner and in a group. • I can use formation, canon and unison to develop a dance. • I can refine, repeat and remember dance phrases and dances. • I can perform dances clearly and fluently. • I can describe, interpret and evaluate dance, using appropriate language. • I can explain what happens in my body when I warm up. 	<p>YEAR 5</p> <ul style="list-style-type: none"> • I can adapt and refine the way I use actions, dynamics and relationships in my dance. • I can perform different styles of dance clearly and fluently. • I can recognise and comment on dances, showing an understanding of style. • I can suggest ways to improve my own and other people's work. • I can lead a partner through short warm-up routines. 	<p>YEAR 6</p> <ul style="list-style-type: none"> • I can work creatively and imaginatively on my own, with a partner and in a group to choreograph motifs and structure simple dances. • I can adapt and refine the way I use actions, dynamics and relationships to improve my dance. • I can choreograph a dance using props. • I can perform dances fluently and with control. • I can use appropriate language to evaluate and refine my own and others' work. • I can lead a small group through a short warm-up routine. 	
<p style="text-align: center;"><u>Key Vocabulary</u></p> <p>stimulus, dynamics, formations, canon, unison, expansion, contraction</p>	<p style="text-align: center;"><u>Key Skills</u></p> <p>Stimulus, Dynamics, Formations, Canon, Unison, Space, Character, Motif, Phrase, Structure, Form</p>	<p style="text-align: center;"><u>Key Vocabulary</u></p> <p>Stimulus, dynamics, formations, choreograph, relationship, contrasting</p>	<p style="text-align: center;"><u>Key Skills</u></p> <p>Stimulus, Dynamics, Formations Canon, Unison, Emotion, Space Character, Motif, Phrase, Structure, Form</p>