

Progression in Netball at Ashleigh (taught as PE fundamentals in KS1)

| Year 1 | Year 2 | Year 3 |
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| <p>Year 4</p> <ul style="list-style-type: none"> I can pass, receive and shoot the ball with increasing control. I understand the rules of the game and I can use them often. I can help my team keep possession and score goals when I play in attack. I can defend one on one and know when to win the ball. I can use simple tactics to help my team score or gain possession. I can explain what happens in my body when I warm up. I can identify when I was successful and what I need to do to improve. <p>Key Vocabulary Interception, possession, defence, attack, conceding</p> <p>Key Skills Passing, Catching, Footwork, Attacking, Defending, Intercepting, Shooting, Pivot, Chest pass, Bounce Pass</p> | <p>Year 5</p> <ul style="list-style-type: none"> I understand the rules of the game and I can use them most of the time. I understand there are different skills for different situations and I am beginning to use this. I can move into space to help my team. I know what position I am playing in and how to contribute when attacking and defending. I recognise my own and others strengths and areas for development and can suggest ways to improve. I can lead a partner through short warm-up routines. I can pass, receive and shoot the ball with some control under pressure. <p>Key Vocabulary Interception, opponent, defend, attack, possession, conceding, switch, press, retreat</p> <p>Key Skills Passing, Catching, Footwork, Attacking, Defending, Intercepting, Shooting, Marking, switching play, patterns of play</p> | <p>Year 6</p> <ul style="list-style-type: none"> I can pass, receive and shoot the ball with increasing control under pressure. I can select the appropriate action for the situation. I can use the rules of the game consistently. I can create and use a variety of tactics to help my team. I can create and use space to help my team. I can select and apply different movement skills to lose a defender. I can lead a small group through a short warm-up routine. I can identify my own and others' strengths and areas for development and can suggest ways to improve. I can use marking, and/or interception to improve my defence. <p>Key Vocabulary Interception, opponent, defend, attack, possession, conceding, switch, press, retreat</p> <p>Key Skills Passing, Catching, Footwork, Attacking, Defending, Intercepting, Shooting, Marking, switching play, patterns of play</p> |
| <p>YEAR 1</p> <ul style="list-style-type: none"> I can run at different speeds. I can change direction. I show balance and control when hopping and jumping. I demonstrate rhythm when skipping. I can select my own actions in response to a task. I can work co-operatively with others to complete tasks. I can recognise changes in my body when I do exercise. <p>Key Vocabulary Dodging, sprinting, balancing, momentum, forwards, backwards,</p> <p>Key Skills Balancing, Sprinting, Running, Dodging, Jogging, Hopping, Skipping</p> | <p>YEAR 2</p> <ul style="list-style-type: none"> I show balance and co-ordination when running at different speeds. I can show balance when changing direction. I can show hopping, skipping and jumping movements with some balance and control. I can describe how my body feels during exercise. <p>Key Vocabulary Dodging, sprinting, balancing, momentum, agility, determination, stability, flexibility</p> <p>Key Skills Balancing, Sprinting, Running, Dodging, Jogging, Hopping, Skipping, finding a space, receiving, passing</p> | <p>YEAR 3</p> <ul style="list-style-type: none"> I am learning the rules of the game and I am beginning to use them. I can move with a ball towards goal with increasing control. I understand my role as an attacker and as a defender. I can move into space to help my team. I can defend an opponent and try to win the ball. I understand why it is important to warm up. I can identify when I was successful. I can pass, receive and shoot the ball with some control. <p>Key Vocabulary Interception, possession, defence, attack, conceding</p> <p>Key Skills Passing, Catching, Footwork, Attacking, Defending, Intercepting, Shooting</p> |