

Ashleigh Primary School and Nursery

Newsletter Date

18th September 2020

In This Issue

- Thank You
- Ongoing reminders
- Coronavirus
- Seasonal Colds and Coughs
- School Lunches
- MSA Vacancies
- Parking
- Every Mind Matters campaign
- Information Section
- Free School Meals – How to Apply
- See Something, Hear Something, Say Something Campaign
- KCSiE
- Mental Health

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Thank You

We appreciate your continuing support to work with us to ensure we keep the site as safe as possible for our community. It has been lovely to hear the positive feedback we have received from parents, carers and children about their experiences in class and enthusiasm in learning.

Ongoing reminders

Can we please remind parents/carers to:

- Remember gates open from 8:40-8:55am, if you drive to school please wait in your car to avoid queueing before 8:40;
- Be considerate of others and keep moving through the gates, leaving the site as soon as children are dropped off/collected;
- Please do not let children swing on the bars near the Lime Tree exit;
- Wear a face mask on the school site, if at all possible;
- Only **one** parent/carers should come onto site per family;
- Please remember to socially distance from other children/families;
- From Monday 14th September the new 'rule of 6' came into effect limiting social gatherings to a maximum of 6 people. This includes groups walking to and from school;
- Encourage Years 3 to 6 children to walk independently from the school gates;
- Years 3 to 6 can walk home alone after school if parents give permission, please ask the office for a permission form;
- Contact the office with any new contact numbers or email addresses as soon as possible. **We should have a minimum of 2 contacts per child;**
- Send children in with a pair of outdoor shoes or wellies to change into for playtime.

Coronavirus - Following Government Guidance

The main symptoms of coronavirus are:

- **A high temperature;**
- **A new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours;**
- **A loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal.**
- Children cannot come to school with any of the above symptoms. They will need to be tested and may have to self-isolate for 10 days.
- People living in the same household need to self-isolate for 14 days, unless the test result is negative.
- If a child has one or more of the main coronavirus symptoms described above, only they should be tested. There is no need for their households to have a test unless they are also symptomatic.



- Children may feel unwell for example with a sore throat, stomach upset or a headache. These pupils do not need to book a test but may need to stay off school and seek medical advice through their GP or pharmacist as usual.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

Please note that if a pupil or staff member tests positive at any point we will send letters to affected bubbles and follow all appropriate government guidelines.

Seasonal Colds and Coughs

- It is the season for runny noses and sore throats but a reminder these are not COVID -19 Symptoms and as such should not be managed in the same way as you would with a child presenting with COVID 19 symptoms.
- The national guidance is clear that testing is only indicated where symptoms include one or more of the 3 main symptoms of coronavirus above:
<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
- People who do not have any of the above symptoms do not need to get tested.
- Check if you or your child has coronavirus (COVID-19) symptoms
- Find out about the main symptoms of coronavirus (COVID-19) and where to get medical advice if you think you have them. www.nhs.uk

School Lunches

- The menu has been adapted to cope with the logistical lunch arrangements planned for the first half term.
- A Vegetarian option will be available from Monday 21st September.
- Can ALL CHILDREN please pre-order school meals via School Money.
- Children who receive Free School Meals, and Reception, Years 1 and 2 will be able to order online, payment will not be required. Reception, Year 1, and Year 2 will be able to order in school but we ask that you pre-book where possible.
- Nursery, Years 3, 4, 5, and 6 all need to pre-order via School Money.
- Please note that you will also be able to order meals the day before, if required.
- **The advertised dessert for Monday 21st September is out of stock, this will be replaced for this date only with Fruit Sponge.**

MSA Vacancies

Midday Supervisory Assistants x2

1:1 Midday Supervisory Assistant x1 – Supporting a child with medical needs

- Salary – £9.25 per hour
Monday – Friday: 1 hour ten minutes per day (Lunchtime, specific times to be confirmed at interview); Term time only.
- We are seeking to appoint Midday Supervisory Assistants to join our friendly, enthusiastic team.
- Duties include supervision of children within school, in outdoor areas and leading play and games.
- You will need to have a calm and caring manner and enjoy working with children. Being friendly, approachable, and able to develop positive and constructive relationships with children and staff is essential. You will receive training as required.



- Closing date: Midday on Monday 28th September
- Interview date: Wednesday 30th September (by phone)
- [Application forms are available from the office or
http://www.ashleighprimary.com/category/news/vacancies/](http://www.ashleighprimary.com/category/news/vacancies/)

Parking

Please do not use the school layby to drop off or collect children. The layby is for disabled access and deliveries only.

Public Health England launches Every Mind Matters campaign

- Most families have experienced upheaval in their daily lives during the pandemic. With children and young people now back at school or college, the new Public Health England (PHE) [Better Health – Every Mind Matters campaign](#) provides NHS-endorsed tips and advice to help children and young people’s mental wellbeing, and equip parents and carers with the knowledge to support them.
 - The new advice available on the [Every Mind Matters website](#) has been developed in partnership with leading children and young people’s mental health charities, including [Young Minds](#), [The Mix](#), [Place2Be](#) and [The Anna Freud Centre](#). It is designed to help parents and carers spot the signs that children may be struggling with their mental health and support them, and provides advice that can help maintain good mental wellbeing. The site also provides tools to help young people build resilience and equips them to look after their mental wellbeing.
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Information Section

Free School Meals - How to Apply

- **Free School Meals** are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:
 - Universal Credit (provided the family has an annual net earned income of no more than £7,400, as assessed by earnings from up to 3 of the most recent assessment periods);
 - Income Support;
 - Income-based Jobseeker’s Allowance;
 - Income-related Employment and Support Allowance;
 - Support under Part VI of the Immigration and Asylum Act 1999;
 - The guarantee element of Pension Credit;
 - Child Tax Credit (providing the family is not entitled to Working Tax Credit and have an annual gross income of no more than £16,190);
 - Working Tax Credit run on – paid for four weeks after a claimant stops qualifying for Working Tax Credit.
- Norfolk County Council are offering an online Free School Meals application service. Parents/carers can create an account at the below web address, to carry out a check on your entitlement:
<https://fiso.norfolk.gov.uk/synergy/Enquiries/Citizen/FreeSchoolMeals.aspx>



- The information will be sent direct to the Free School Meal Application Team at Norfolk County Council. The school would then be notified of changes to the eligibility of children attending Ashleigh.

The county-wide safeguarding campaign - See Something, Hear Something, Say Something.

- Neighbours, extended family, those working to provide essential services and volunteers are encouraged to look out for the county's children.
- The campaign, backed by the Norfolk Safeguarding Children Partnership, is calling on communities to help keep Norfolk's children safe. It is asking for everyone that sees or hears children to look out for them. The message is See Something, Hear Something, Say Something.
- If something doesn't seem right and if you feel a child or young person may need help you can contact the council on 0344 800 80 20.
- In an emergency call 999.

Updated Keeping Children Safe in Education (KCSiE)

The updated Keeping Children Safe in Education came into force on 1st September 2020, the government has produced a useful webpage including lots of useful information about all the ways in which we can keep children safe including online safety and mental health.

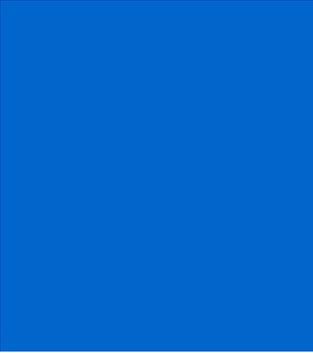
You can find the information here:

<https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-from-abuse-and-harm/advice-to-parents-and-carers-on-keeping-children-safe-from-abuse-and-harm>

Mental Health & Information Resources

- Use this website to find out how to access mental health advice and support for 0 -25's in Norfolk. You don't need a referral; you can get in touch straight away for advice. <https://justonenorfolk.nhs.uk/mentalhealth>
- MindEd educational resources for adults about children and young people's mental health, which is relevant for teachers, other professionals working with children, volunteers, parents and carers. <https://www.minded.org.uk/>
- The Every Mind Matters platform, from Public Health England, about looking after your mental health. <https://www.nhs.uk/oneyou/every-mind-matters/>
- Childline has created a new webpage with information for children and young people about Coronavirus. The page includes information about: what Coronavirus is; where children and young people can find help if they are worried; coping if they are staying at home; and what to do if they are feeling unwell. <https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/>
- Newsround have information on their website about Coronavirus <https://www.bbc.co.uk/newsround/51896156>
- www.sheffieldchildrens.nhs.uk - Self Care Kit booklet to work through for children - from Sheffield NHS
- www.unicef.org/coronavirus - How to Talk To Your Child about coronavirus disease



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- www.childrenscommissioner.gov.uk – see Children’s guide to Coronavirus
 - www.nosycrow.com - online digital book 'Coronavirus' for primary aged children- by Alex Scheffler
 - www.relate.org.uk – good advice on relationship difficulties, managing anxiety, bereavement
 - www.childhoodbereavementnetwork.org.uk – supporting bereaved children and young people
 - www.mindedforfamilies.org.uk – free learning resources about mental health for children and young people

